



**Provincial  
Assessments Week  
January 19 to  
January 23, 2026**

**Heritage Woods  
Secondary**

**"WE ARE KODIAKS"**

# Fragrance Free



Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

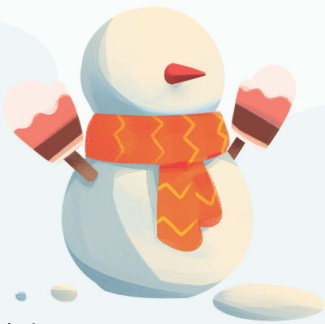
Ticket sale close  
February 4th

# Winter Formal

Wednesday February 11<sup>th</sup> 6:30- 9:00

THEME: HOLLYWOOD

\$35



# KODIAK ATHLETICS



# HERITAGE WOODS HOCKEY TEAM



Wed, Feb 18<sup>th</sup> 2:15–3:15 pm  
Tryouts (Mandatory) \*\$35 FEE\*



Wed, Feb 25<sup>th</sup> 2–3:15pm  
Exhibition vs Riverside PoMo Rec



Wed, March 4<sup>th</sup> 2–3:15pm  
Exhibition vs Charles Best PoMo Rec



Wed, March 11<sup>th</sup> 2–3:15pm  
Exhibition vs Centennial PoMo Rec



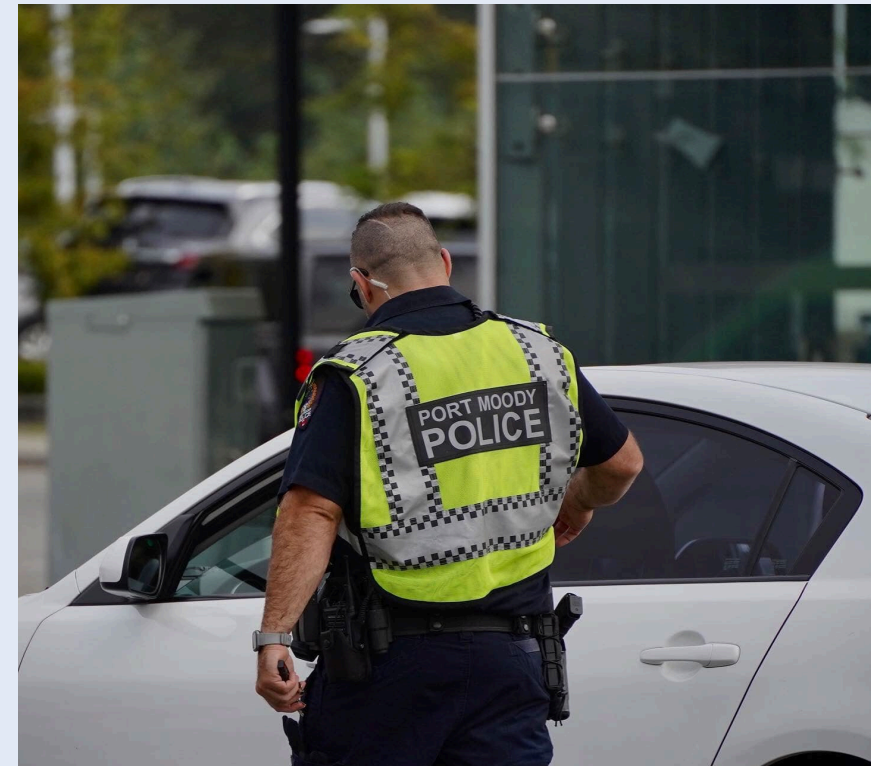
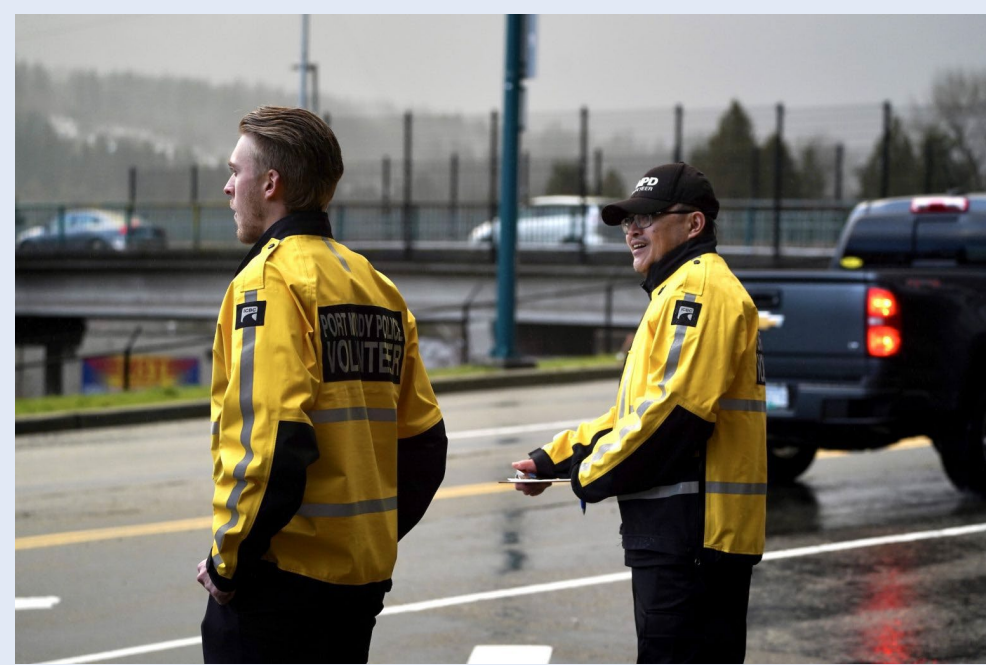
*\*Tryout Fee \$35- School Cash Online\**  
*See Mr Ferrante, Ms Vickerson or Ms Pavan*  
*for instructions.*

# CAREER CENTER



# Interested in Policing?

- The Port Moody Police Department is hosting a free program for youth in Grades 11-12.
- The program is designed to introduce students to policing as a career and will allow students to earn volunteer credits (30 hours) that you can apply towards graduation.
- The program will be run out of the Port Moody Police Department on St. John's Street
- See Mr. Aitken in Room 240 or Mrs. Pavan in Room 209 for more information and to pick up an application sheet. Application deadline is February 19<sup>th</sup>, 2026



# UBC Application deadline extended

UBC is aware that our online application on the EducationPlannerBC website is experiencing technical issues. The application is open, but intermittent disruptions may prevent you from accessing the website to submit your application to UBC. We are working with EducationPlannerBC to resolve this matter, but we recommend that you work through your application carefully and save your progress frequently - to ensure your work isn't lost during one of these disruptions. If you experience issues while you're working on your application or if you cannot access the website at all, please take a break and try again a little later. We want to reassure you that these disruptions will not negatively affect your application to UBC. **UBC has extended the deadline to apply and you now have until January 20, 2026, at 11:59 pm (PST) to submit your application.** We'll update this space with more details as we get them.



## Preparation for Nursing Education - British Columbia Institute of Technology

- The Preparation for Nursing Education course is a one-week, in-person, faculty-led immersive experience designed for high school students interested in exploring nursing.
- The course helps students transition into a competency-based BSN program by building confidence, self-awareness, and foundational readiness.
- Through hands-on lab and simulation learning in a professional healthcare setting, students are introduced to how nurses think, communicate, apply ethics, and develop professional behaviours.
- Participants engage in applied activities, reflect on their learning needs, and experience realistic nursing concepts to help them understand whether nursing is the right fit.
- The course is co-designed with BCIT BSN and School of Health Sciences leadership, in partnership with the High School Partnerships Office and local school districts.
- Successful participants earn a digital badge that strengthens their portfolio and future program applications.

### Course schedule

- Tentatively scheduled for June 29 to July 3.
- One-week duration.

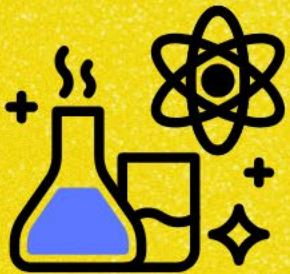
### Contact for more information:

[nursing\\_prep@bcit.ca](mailto:nursing_prep@bcit.ca)



# COMMUNITY





- STEM, STEAM
  - Building, construction, Science kits, puzzles, coding, logic, Match
- Musical Toys and Instruments
- Educational Toys and Games
  - Board and learning games. Language, literacy, number based toys
- Sport Toys
- Gently Used, Clean and Complete Toys



**February 27, 2026**

**8am–3pm**

**Inlet Theatre, 100 Newport Drive**

**GAIN 7 HOURS  
OF VOLUNTEER  
TIME!**

**PORT MOODY**  
CITY OF THE ARTS

Calling all Tri-Cities youth in grades 8–12! Join us on Friday, February 27, 2026 for the **Mayor's Youth Summit**, a full-day event focused on mental health and wellness. Take part in conversations about nutrition, stress, healthy relationships, an active yoga session, and connect with peers, city leaders, and community members.

<https://www.portmoody.ca/parks-recreation-and-environment/recreation/youth-recreation/mayor-s-youth-summit/>

✓ Free event, registration required. Earn 7 volunteer hours! Register now: <https://bit.ly/MYS2026>

home to our  
arts community

# PLACE DES ARTS

exhibitions

## Emerging Talent 28 by SD43 Art Students

Opening Reception: Jan 23, 7:00 – 9:00 PM

Jan 23 – Mar 11, 2026 in the Atrium

Jan 30 – Mar 11, 2026 online at

[placedesarts.ca/exhibitions](https://placedesarts.ca/exhibitions)

1120 Brunette Avenue  
[placedesarts.ca](https://placedesarts.ca) | 604.664.1636

   @pdacoquitlam



Top: (Left-Right) *Untitled* by Shawn Shi (Class of 2025), *Untitled* by Miranda Wang (Class of 2025)  
Bottom: (Left-Right) *Temple* by Jooyeon Lee (Class of 2025), *Utopia* by Gloria Choi (Class of 2025)

home to our  
arts community

# PLACE DES ARTS

## Exhibitions



On view at Place des Arts: Jan 16\* - Mar 11,\*\*2026

Online at [placedesarts.ca](http://placedesarts.ca): Jan 30 - Mar 11, 2026

\*Emerging Talent 28 on view beginning Jan 23, 2026.

\*\*One Month. Just Spoons. on view and online until Mar 29, 2026.

**Opening Reception: Friday, January 23, 7:00 PM - 9:00 PM**

free entry | cash bar | meet the artists

Celebrate the openings of these 4 exhibitions:

### SD43 Art Students

*Emerging Talent 28*

Various Mediums in the Atrium

Image: Gloria Choi (Class of 2025), *Utopia* [detail]

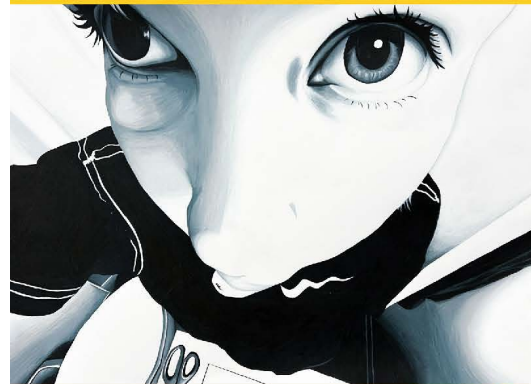


### SD43 Teachers

*Creative Connections*

Various Mediums in the Leonore Peyton Salon\*\*\*

Image: Allegra Whistler, *Time & Place* [detail]



### Jeidn Winkler

*Fragments of Self: Reconstructing Identity Through Art*  
Paintings, Drawings and Photography in the Mezzanine

Image: *POV (2)* [detail]



### Susan Wallace

*One Month. Just Spoons.*  
Ceramics in the Link

Image: *A Day at the Beach* [detail]

## viewing

Atrium & Mezzanine

Monday - Friday 9:00 am-9:00 pm  
Saturday 9:00 am-5:00 pm  
Sunday 1:00 am-5:00 pm

\*\*\*Leonore Peyton Salon

The Leonore Peyton Salon is a multi-purpose space; therefore, viewing times are limited.  
Call 604 664 1636 to book an appointment.

## 1120 Brunette Avenue, Coquitlam

View Online

To view the current exhibitions online, visit [placedesarts.ca/exhibitions](http://placedesarts.ca/exhibitions).

# Any Grade 11/12's looking for a job? Apply for Part-time Event Staff



 **Hourly Wage: Starting at \$20 per hour** 

## Requirements:



Ability to lift up to 50 lbs comfortably



Availability to work weekends and overnight shifts (including graveyard shifts during dry-grad season, April-June)



Access to a vehicle or willingness to use public transit



No criminal charges (background checks may be required for certain events)



Willingness to work in variable weather conditions



Strong problem-solving skills and ability to think on your feet.



For more information, please contact your career counselor. All resumes and applications can be submitted to [sales@houlegames.com](mailto:sales@houlegames.com)